Monthly RCRP Newsletter
March 2024
Volume No. 3



Education & Health Centers of America, Inc.

Education & Health Centers of America, Inc. (EHCA) has served as a leading provider in reentry services for over 30 years. EHCA also offers an array of veteran services in the community. EHCA's mission is to provide a healthy, drug free, safe, and secure environment within which we provide evidence-based treatment and education services that focus on changing addictive and criminal behaviors. We provide our participants with the knowledge and skills necessary to lead a productive lifestyle prior to reintegration into their communities.

InsideOut Dad® Graduation at The Harbor







The Harbor celebrated an InsideOut Dad® graduation on March 14, 2024! Seven (7) residents were recognized for graduating from InsideOut Dad® programming. The residents received completion certificates and the residents' families were invited to attend the graduation event. Refreshments were enjoyed by all attendees. InsideOut Dad® graduations are joyous celebrations where fathers showcase their growth in parenting skills, resilience, and commitment to their families.

Supporting the Local Community

The Harbor strives to support the local community through order-out rewards for high achieving residents. In addition to order-out opportunities, residents are also provided with supplemental meals or special treats throughout each month in recognition of program-wide initiatives, clean-up days, program participation, and in order to boost resident morale. On March 29, 2024, all residents of The Harbor were offered a supplemental meal from Urban Chicken, a local community partner restaurant, located in Montclair, NJ.

Employment & Education Statistics

- 54 Residents Employed Full-Time
- 11 Residents Actively Job Searching
- 3
- 4 Residents Enrolled in Full-Time Post-Secondary Education
- 6 Residents Enrolled in Adult Basic Education

100% RV-TAPP Resident Participation Rate

A Spectacular Showcase of Talent

Hosting a talent show at a Residential Community Reintegration Program (RCRP) fosters a sense of community among residents. It provides a platform for residents to express themselves and showcase their talents, boosting confidence and self-esteem, in a positive and prosocial manner. The Harbor Assessment and Treatment Center hosted a talent show on March 8, 2024. The talent show showcased an array of remarkable skills and talents within the resident community, consisting of both visual arts and performing arts presentations. Talent show participants were rewarded with a luncheon at the conclusion of the event!

Celebrating The Holy Month of Ramadan

The Holy Month of Ramadan commenced on March 10, 2024. Tully House and The Harbor engaged in detailed planning with the Islamic community in preparation for Ramadan. Over seventy-five (75) residents participated in the Holy Month of Ramadan, consisting of fasting, prayer, unity, and reflection. Through shared meals, prayers, and guided discussions, Ramadan becomes a time of both personal growth and communal support within each of the respective Residential Community Reintegration Programs (RCRPs).

Eid al-Fitr, marking the conclusion of the Holy Month of Ramadan, was celebrated on April 10, 2024. Key community partners and alumni contributed to the celebration of the Eid at each program. Tully House and The Harbor are grateful for the continued support from Islamic community partners, who have donated their time and efforts to ensure residents enjoy ample food and supplies in celebrating the conclusion of Ramadan.

Assessment Department Accolades

- 96 Assessment Reports Completed
- 89 Residents Classified by the NJDOC Classification Committee
- 118 Substance Use Disorder Screenings Conducted
- **191** Assessment Testing Instruments Administered to Residents

Alumni Services Summary

In the month of March, 163 Harbor residents participated in The Harbor's Alumni Meeting. The Alumni Meeting consisted of 5 NJDOC approved Alumni speakers, in addition to the Alumni Coordinator, Arthur Townes. The March Alumni Meeting topics focused on Successful Community Reintegration.

For the safety of all participants, the March Alumni Meeting scheduled for Tully House was canceled due to an anticipated storm. In lieu of the Alumni Meeting, Tully House residents were provided prosocial leisure activity opportunities.

Family Services Statistics

- **21** Residents Participated in Family Services Counseling
- 30 Residents Participated in InsideOut Dads® (IOD) Groups
- 21 Family Night Event Participants

Upcoming Events



Family Night Event Every Tuesday at Tully House



Alumni Meetings Scheduled

Want to Stay Up to Date on EHCA?

Check out the latest news and events on our website and social media using the QR Codes below!

Edited By: Shannon Bilder, EHCA Quality Assurance Director



Editorial Column

An excerpt from our President & Chief Executive Officer, Richard McCourt,

"As Spring approaches, we reflect on the topics of growth and renewal. March serves as a poignant reminder of the transformative journeys undertaken by each of our residents striving for positive change. This month, we witnessed remarkable milestones, from educational achievements to personal breakthroughs, reaffirming our commitment to support and empower every individual on their path to reintegration.

Together at Education & Health Centers of America, Inc. (EHCA), we have cultivated a supportive environment where each person's potential is nurtured and celebrated. As we continue to foster a culture of inclusion and empowerment, let us embrace the spirit of March as a symbol of renewal and hope, inspiring us to press forward with renewed vigor and optimism.

I extend my deepest gratitude to our dedicated staff and volunteers whose tireless efforts uphold the values of compassion and excellence that define our program. With their continued support and the collective determination of our community, I am confident that we will continue to make strides towards positive change and transformation. Together, let us 'March' onward, united in our pursuit of success and growth."

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